

WHY THE Y?

The YMCA has been a leader in community wellness for over 150 years, offering a legacy of trust and commitment to improving lives. As a nonprofit organization, the YMCA is mission–driven, focusing on youth development, healthy living, and social responsibility. With local roots and a national reach, employees can access YMCAs across the country, ensuring that everyone can benefit from their extensive network of facilities and programs.

BETTER TOGETHER

What truly sets the YMCA apart is its commitment to community and cause. Unlike for-profit gyms or app-based wellness providers, the YMCA reinvests every dollar into programs that strengthen our communities. By partnering with the YMCA, you're not just investing in your employees' well-being, you're also helping kids learn to swim, feeding families in need, and creating safe spaces for teens. This holistic approach to wellness encompasses fitness, life style coaching, mental wellness, and community connection, ensuring a comprehensive mind-body-spirit experience for all.



Valuable Support for Your Team

Give your employees a benefit that strengthens their health, well-being, and job satisfaction



Simple and Stress-Free

We take care of all administration, billing, and reporting, so you can focus on supporting your team without the extra work.



Options That Fit Your Needs

Choose from flexible membership options designed to meet your company's unique goals and help every employee thrive.



Stronger Teams, Healthier Workplace

Investing in wellness builds a workplace where people feel valued, connected, and inspired to grow together.