



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRONG SWIMMERS CONFIDENT KIDS

Registration Opens:

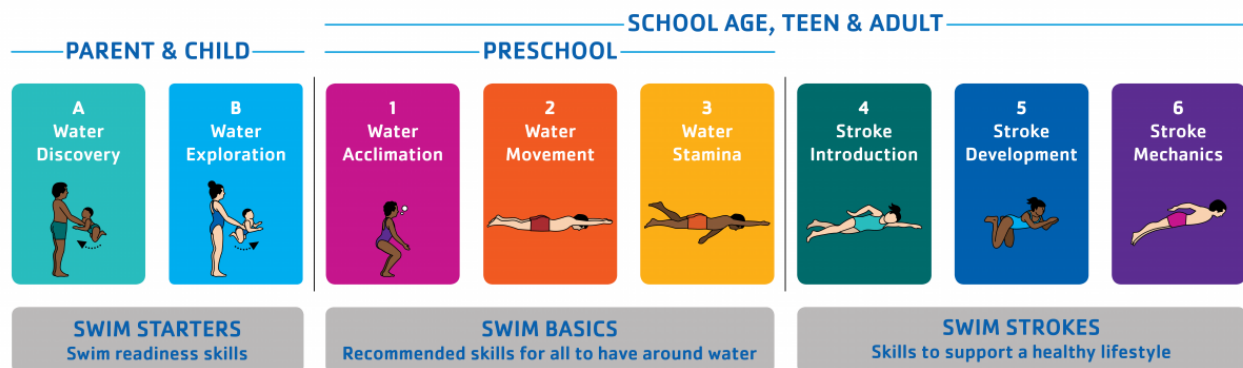
YMCA members: May 19th

Youth & Community Members: May 26th

Prices:

Members: \$62.00

Youth & Community Members: \$105.00



JUNE SESSION | TUE/WED/THU June 17-19 & 24-26

Time	Class
3:30 - 4:00 p.m.	1P / WATER ACCLIMATION
3:30 - 4:10 p.m.	4S / STROKE INTRODUCTION
4:10 - 4:40 p.m.	2P / WATER MOVEMENT
4:20 - 5:00 p.m.	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:50 - 5:30 p.m.	1S / WATER ACCLIMATION & 2S / WATER MOVEMENT COMBO

JULY SESSION | TUE/WED/THU July 15-17 & 22-24

Time	Class
3:30 - 4:00 p.m.	2P / WATER MOVEMENT
3:30 - 4:10 p.m.	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:10 - 4:40 p.m.	1P / WATER ACCLIMATION
4:20 - 5:00 p.m.	1S / WATER ACCLIMATION & 2S / WATER MOVEMENT COMBO
4:50 - 5:30 p.m.	A/B / PARENT & CHILD
5:30 - 6:10 p.m.	TEEN SWIM BASICS
5:30 - 6:10 p.m.	ADULT SWIM BASICS

AUGUST SESSION | TUE/WED/THU August 12-14 & 19-21

Time	Class
3:30 - 4:00 p.m.	1P / WATER ACCLIMATION
3:30 - 4:10 p.m.	4S / STROKE INTRODUCTION
4:10 - 4:40 p.m.	2P / WATER MOVEMENT
4:20 - 5:00 p.m.	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:50 - 5:30 p.m.	1S / WATER ACCLIMATION & 2S / WATER MOVEMENT COMBO

FREE ADULT SWIM LESSONS AVAILABLE THIS SUMMER FOR COOK COUNTY RESIDENTS AGES 18 AND UP THROUGH GRANT FUNDING PROVIDED BY Y-USA

A/B PARENT CHILD | 6 MONTHS - 3 YRS
PRESCHOOL (P) LESSONS | 3 YRS - 5 YRS
SCHOOL AGE (S) LESSONS | 6 YRS - 12 YRS
TEEN LESSONS | 13 YRS - 17 YRS
ADULT LESSONS | 18 YRS AND UP