

## STRONG SWIMMERS CONFIDENT KIDS

**Registration Opens:** 

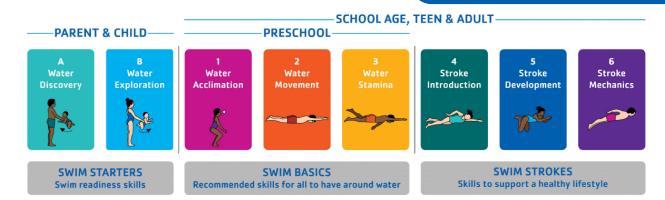
YMCA members: May 19th

Youth & Community Members: May 26th

**Prices:** 

Members: \$62.00

Youth & Community Members: \$105.00



## June 17-19 & 24-26

Time	Class
3:30 - 4:00 PM	1P / WATER ACCLIMATION
3:30 - 4:10 PM	4S / STROKE INTRODUCTION
4:10 - 4:40 PM	2P / WATER MOVEMENT
4:20 - 5:00 PM	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:50 - 5:30 PM	15 / WATER ACCLIMATION & 25 / WATER MOVEMENT COMBO

## AUGUST SESSION | TUE/WED/THU August 12-14 & 19-21

Time	Class
3:30 - 4:00 PM	1P / WATER ACCLIMATION
3:30 - 4:10 PM	45 / STROKE INTRODUCTION
4:10 - 4:40 PM	2P / WATER MOVEMENT
4:20 - 5:00 PM	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:50 - 5:30 PM	15 / WATER ACCLIMATION & 25 / WATER MOVEMENT COMBO

## JULY SESSION | TUE/WED/THU July 15-17 & 22-24

Time	Class
3:30 - 4:00 PM	2P / WATER MOVEMENT
3:30 - 4:10 PM	3P / WATER STAMINA & 3S / WATER STAMINA COMBO
4:10 - 4:40 PM	1P / WATER ACCLIMATION
4:20 - 5:00 PM	15 / WATER ACCLIMATION & 25 / WATER MOVEMENT COMBO
4:50 - 5:20 PM	A/B / PARENT & CHILD
5:30 - 6:10 PM	TEEN SWIM BASICS
5:30 - 6:10 PM	ADULT SWIM BASICS

FREE ADULT SWIM LESSONS AVAILABLE THIS SUMMER FOR COOK COUNTY RESIDENTS AGES 18 AND UP THROUGH GRANT FUNDING PROVIDED BY Y-USA

A/B PARENT CHILD | 6 MONTHS - 3 YRS
PRESCHOOL (P) LESSONS | 3 YRS - 5 YRS
SCHOOL AGE (S) LESSONS | 6 YRS - 12 YRS
TEEN LESSONS | 13 YRS - 17 YRS
ADULT LESSONS | 18 YRS AND UP