



GROUP REQUIREMENTS

2024-2025

NOVICE

AGES 5 - 12

REQUIREMENTS

- Swim 25 yards of freestyle
- Swim 25 yards of backstroke
- Be comfortable in water where they cannot touch

PRACTICES & FEES

- 2, 1-hour practices per week
- \$100 Deposit + \$50/Month

AGE-GROUP B

AGES 9 - 18

REQUIREMENTS

- Legally complete 50 yards of all 4 strokes w/ starts and turns
- Legally complete a 100 I.M.
- Have a time of 1:00.00 or better in the 50-yard freestyle.
- Participate in minimum of 3 regular season swim meets in addition to Sections and State if they qualify.

PRACTICES & FEES

- 2-3, 1-hour practices per week
- \$100 Deposit + \$80/Month

AGE-GROUP A

AGES 5 - 14

REQUIREMENTS

- Legally complete 25 yards of 3 of 4 strokes w/ starts and turns
- Participate in a minimum of 3 regular season swim meets.

PRACTICES & FEES

- 2-3, 1-hour practices per week
- \$100 Deposit + \$80/Month

SENIOR

AGES 9 - 18

PREREQUISITES

- Have a time of 0:45.00 or better in the 50-yard freestyle
- Have a time of 1:40.00 or better in the 100-yard freestyle
- Participate in a minimum of 4 regular season swim meets in addition to Sections and State if they qualify.
- Must have previous season coach approval OR be evaluated prior to joining this group

PRACTICES & FEES

- 3-4, 1-hour practices per week
- \$100 Deposit + \$95/Month